

Watermelon



by Maya Larosa



MAYA LAROSA

“My favorite fruit is watermelon.”

“I stay healthy by eating lots of fruits, salad and vegetables.”

“If I were a farmer I would grow corn, watermelon, carrots and grapes because those are my favorite fruits and vegetables.”



This symbol will represent the harvest of the month. This month's harvest is **Watermelon**.

September

Salad Bar will be closed at this time.

Each day students will be able to choose between the **main entree**, **baked potato entree** or **large pre-made salad entree**. Each entree includes fruit and vegetables.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1 B: A la Carte L: Baked Ziti Breadstick Broccoli	2
3	4 NO SCHOOL	5 B: Hot L: Hot Dog Baked Beans Corn	6 B: A la Carte L: Brunch Biscuit & Gravy Egg Patty Sausage Patty	7 B: Hot L: Hamburger Fries Vegetable Blend	8 B: A la Carte L: Baked Potato Bar Broccoli	9
10	11 B: A la Carte L: Spaghetti & Meatballs Breadstick Broccoli	12 B: Hot L: Chicken Quesadillas Black Beans Corn	13 B: A la Carte L: Corn Dog Tater Tots Vegetable Blend	14 B: Hot L: Chicken Tenders & Waffle Peas & Carrots	15 B: A la Carte L: Sloppy Joes Tater Tots Green Beans	16
17	18 B: A la Carte L: Chicken Alfredo Breadstick Broccoli	19 B: Hot L: Beef Tacos Refried Beans Corn	20 B: A la Carte L: Meatball Sub Fries Peas & Carrots	21 B: Hot L: Chicken & Dumplings Biscuit	22 B: A la Carte L: Korean Beef BBQ Rice Peas	23
24	25 B: A la Carte L: BBQ Pork Artisan Mac & Cheese Carrots	26 B: Hot L: Roast Beef Manhattan Mashed Potatoes Gravy Peas	27 B: A la Carte L: Turkey Sub Baby Carrots w/ Ranch Dipper Chips	28 B: Hot L: Chicken Sandwich Tater Tots Vegetable Blend	29 B: A la Carte L: Cheese Pizza Breadstick Corn	1

Final lunch orders are due to café by 9am each day. If your child will be coming to school after 9am, please contact Susie or Mike Grimes, chef, at mgrimes@ascension-parish.com to let him know if your child will eat school lunch.